

INDIVIDUAL CONSULTING



Help in determining the level of development, potential and ways of its implementation.

Self-development: career, love life, communication, creativity. Relationships: analysis of compatibility, building relationships. Children: career guidance, talent development.



Consulting is based on the concept of three levels of mindfulness. Comprehensive psychological approach and creation of a holistic portrait of a person. It unites all the existing psychological schools and gives an image of a person without extremities and obsession with detail. It allows conducting precise diagnostics at any stage of personal development.

It's used for:

- ameliorating the quality of life in a balanced way
- building interactions between different types of personalities, genders, in society.
- team-building and team-management





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The author of the concept of three levels of mindfulness

The founder of Personality perfection research institute
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Many people have found this concept beneficial in its practical application to personal development, creation of the corporate culture, team-building, improvement of the social interactions. Among such people are members of royal families and families of the first persons of the states; politicians, members of governments and advisers to heads of state; senior officials of the UN and other international organizations; owners and top executives of international corporations in many areas; scientists, writers, economic and political observers, show business stars, public figures.



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